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**DEBUT INDIE-PUBLISHED NOVEL WINS SIX TOP LITERARY AWARDS**

*Trusting the Currents leads in the emerging literary genre of Visionary Fiction*

**June 8, 2015 New York, NY** - First time novelist, Lynnda Pollio has been awarded the 2015 Independent Book Publisher (IPPY) Gold award in Visionary Fiction, which is a growing literary genre that highlights the process of growth in human consciousness within storytelling. Her book, *Trusting the Currents*, was also awarded five other major awards, including:

- 2014 Nautilus Book Awards Gold Award in Fiction
- 2015 National Indie Excellence Gold Winner in Visionary Fiction
- 2015 International Book Award Gold Winner in Visionary Fiction
- 2015 Next Generation Indie Awards Finalist in Inspirational Fiction
- 2015 Los Angeles Book Festival Honorable Mention in Spirituality

Ms. Pollio never expected to be a writer. She was a New York advertising executive when she began hearing the mystical voice of Addie Mae Aubrey, a Southern, African American woman. Addie Mae asked Ms. Pollio to share the story of her turbulent teenage years in the late 1930s rural south. Together, these two women from different times and places embarked on an uncommon journey, changing the author forever. "As I created her, she created me. I've been transformed by her presence more than anyone else who ever entered my life."

Lynnda Pollio is now committed to elevating personal and global consciousness. She became the world's first Chief Consciousness Officer at Faith Popcorn's BrainReserve, working with Fortune 500 companies to integrate the human technologies of wisdom, intuition, compassion, empathy and gratitude into their businesses. Ms. Pollio is currently working on her second book and lives in New York City.

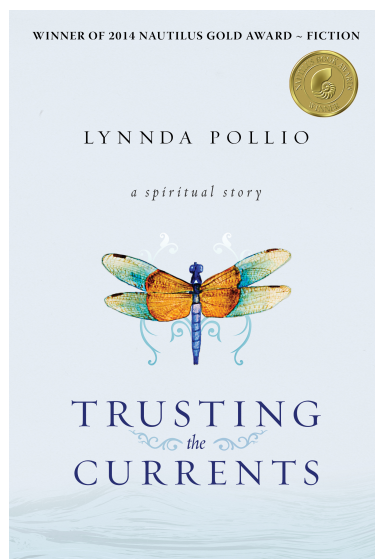
*Trusting the Currents* represents a new literary form that illustrates the process of growth in human consciousness. While it contains a spiritual component, it employs story elements like plot, character, and setting to immerse the reader in the experience of evolving awareness.

*A few rave reviews of her book:*

*“While Pollio admirably asks “what right did I have to tell a black southern woman’s story?” her saga holds surprising power, at times approaching the grandeur of *The Color Purple* and *Beloved* with the insights of a delightful wise-child narrator. Gorgeous imagining of a touching, memorable guiding spirit.” **Kirkus Reviews***

*“The voices in *Trusting the Currents* refuse to be muted as they bring us face to face across the divides of race, class, religion. This is a powerful story that is an offering, a revival, benediction, altar, and a powerful calling...all praises for *Trusting the Currents*...enlightening, and highly evolved.” **Jaki Shelton Green, NC Piedmont Laureate, NC Literary Hall of Fame***

*“In the wisdom tradition of *The Alchemist* and *Jonathan Livingstone Seagull*, *Trusting the Currents* is destined to become a classic, a timeless story of courage and love written with a knowing luminosity.” **Nicola Graydon Harris, Co-Author, *The Ancestral Continuum****



*Trusting the Currents* is available in hardcover (ISBN# 978-0-9891953-2-4), paperback (978-0-9891953-0-0), and e-book (978-0-9891953-1-7) through Ingram, Amazon, Barnes & Noble.com and iBooks.

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