

“Some moments change everything you become.”

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# LYNNDA POLLIO

## TRUSTING *the* CURRENTS

For a conversation, reading and signing: March 29, 2014, 2-4pm

**A powerful spiritual novel for anyone going through profound change.**

The life of author Lynnda Pollio abruptly changes when she unexpectedly hears the mystical, elderly voice of Addie Mae Aubrey, a Southern African American woman. Her first words, “It’s not what happened to me that matters,” begin a spirited remembering of Addie Mae’s turbulent teenage years in the 1930s rural South—and the learned wisdom she asks Lynnda to share.



Together, these two women from different times and places embark on an uncommon journey. This unlikely pair becomes partners in showing us how to trust and follow our own life currents. *Trusting the Currents* represents

a new literary genre of conscious storytelling, engaging high spiritual to bring readers into their own truth and transformation.



*“In the wisdom tradition of *The Alchemist* and *Jonathan Livingston Seagull*, *Trusting the Currents* is destined to become a classic, a timeless story of courage and love written with a knowing luminosity.”*

*Nicola Graydon Harris, Co-Author, *The Ancestral Continuum**

Visit Lynnda at [www.lynndapollio.com](http://www.lynndapollio.com)

You can also find her on Facebook, Twitter and Goodreads



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14 East Main Street, Somerville, NJ. Across the street from the Somerset Courthouse. (908) 393-4993  
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