

## TITLE

*Trusting the Currents*

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## INTENDED AUDIENCE

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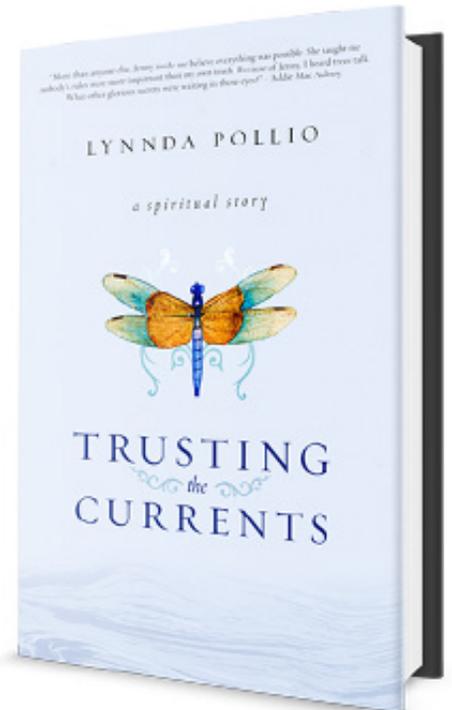
## FORMATS

Hardcover  
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# LYNNDA POLLIO

## TRUSTING THE CURRENTS

The life of author Lynnda Pollio abruptly changes when she unexpectedly hears the mystical, elderly voice of Addie Mae Aubrey, a Southern African American woman. Her first words, "It's not what happened to me that matters," begin a spirited remembering of Addie Mae's turbulent teenage years in the 1930s rural South—and the learned wisdom she asks Lynnda to share. Together, these two women from different times and places embark on an uncommon journey. This unlikely pair becomes partners in showing us how to trust and follow our own life currents. *Trusting the Currents* represents a new literary genre of conscious storytelling, engaging high spiritual to bring readers into their own truth and transformation.



"This is a powerful story that is an offering, a revival, benediction, altar, and a powerful calling for the return of all long-obscured matriarchs. All praises for *Trusting the Currents*....enlightening, and highly evolved."

JAKI SHELTON GREEN, Poet, *NC Piedmont Laureate*

"In the wisdom tradition of *The Alchemist* and *Jonathan Livingston Seagull*, *Trusting the Currents* is destined to become a classic, a timeless story of courage and love written with a knowing luminosity."

NICOLA GRAYDON HARRIS, Journalist, Co-Author, *The Ancestral Continuum*



Lynnda Pollio is a Consciousness Advocate, Founder, and Chief Consciousness Officer of ELEVATE, a collaborative committed to elevating global consciousness. She helps companies and individuals engage the human technologies of Wisdom, Intuition, Compassion, Empathy and Gratitude to harness the opportunities within profound change. *Trusting the Currents* is her first novel. She currently lives in New York City.